



# Fifty Tech Tips 2024

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Detroit, MI

May 9, 2024



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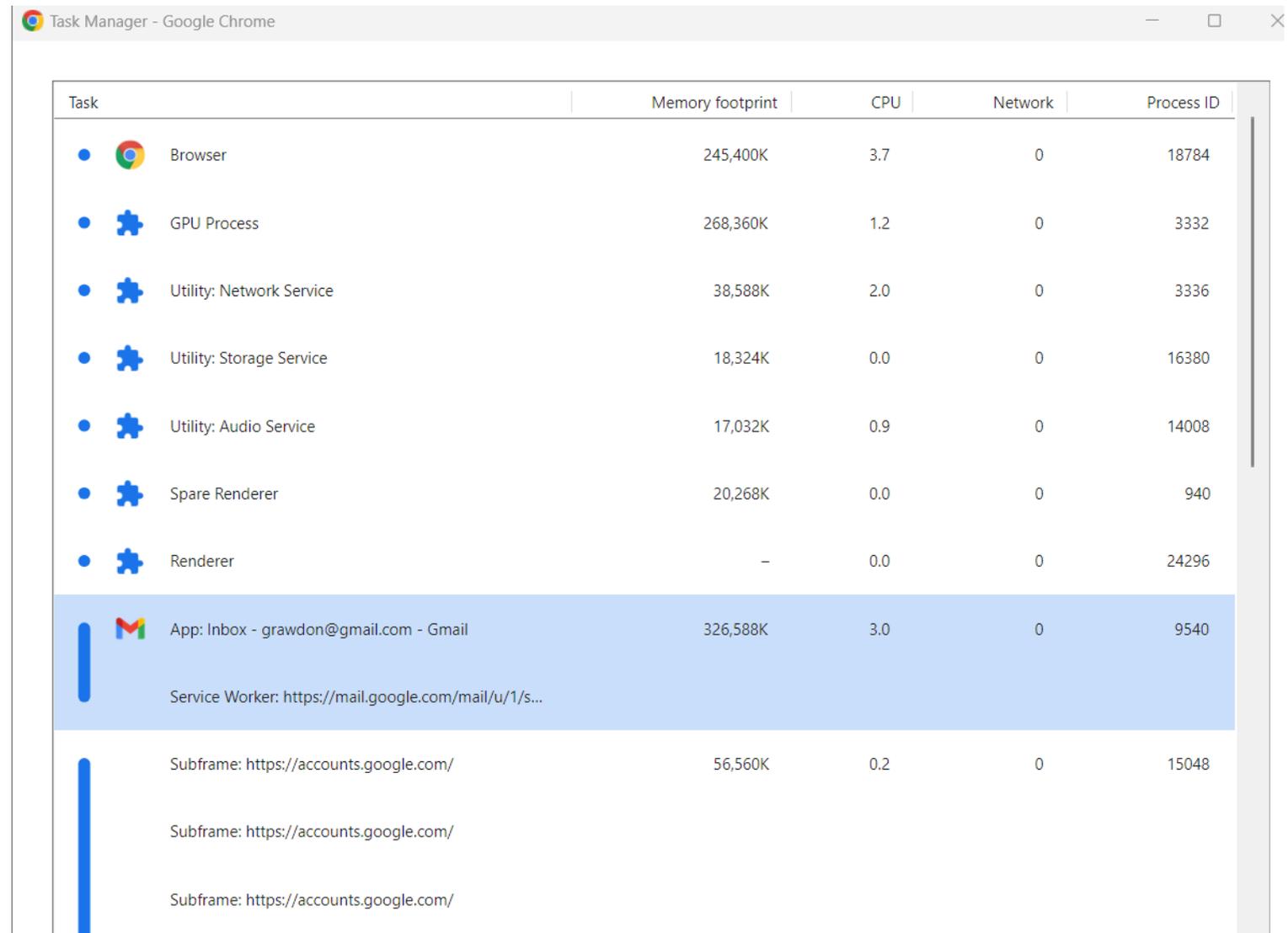
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# Google Chrome Task Manager



Task Manager - Google Chrome

Task	Memory footprint	CPU	Network	Process ID
 Browser	245,400K	3.7	0	18784
 GPU Process	268,360K	1.2	0	3332
 Utility: Network Service	38,588K	2.0	0	3336
 Utility: Storage Service	18,324K	0.0	0	16380
 Utility: Audio Service	17,032K	0.9	0	14008
 Spare Renderer	20,268K	0.0	0	940
 Renderer	-	0.0	0	24296
 App: Inbox - grawdon@gmail.com - Gmail	326,588K	3.0	0	9540
Service Worker: <a href="https://mail.google.com/mail/u/1/s...">https://mail.google.com/mail/u/1/s...</a>				
Subframe: <a href="https://accounts.google.com/">https://accounts.google.com/</a>	56,560K	0.2	0	15048
Subframe: <a href="https://accounts.google.com/">https://accounts.google.com/</a>				
Subframe: <a href="https://accounts.google.com/">https://accounts.google.com/</a>				

# NEW MICROSOFT TEAMS APP

- LOOK
- PERFORMANCE
- INTEGRATION



# Google Tasks Lists

The screenshot displays the Google Tasks interface. On the left is a sidebar with a 'Create' button and a list of task lists. The main area shows three task lists: 'Incoming Tasks', 'Scott', and 'Lauren'. Each list contains several tasks with details like due dates and document links.

**Sidebar Lists:**

- Create
- All tasks
- Starred
- Lists
  - Incoming Tasks
  - Scott
  - Lauren
  - Shannon
  - Patrice
  - Jessica
  - Wilson
  - Exec Team

**Incoming Tasks List:**

- PAST**
- FSA Plan Documents (1 week ago)
- Census workpaper (1 week ago)
- [MAP-HR] Tyll's Vacation Payout (6 days ago)
- Product Pulse: Launch Event Recap + 4 New Features! (5 days ago)
- Benefit Recons (5 days ago)
- Delta change (4 days ago)

**Scott List:**

- Fwd: OwnBackup - Upcoming Contract Renewal (Mon, Jun 3)
- Scott check in (6 days ago)
- Acctg Procedures Manual - Cyber Security (6 days ago)
- Completed (3)

**Lauren List:**

- Fire instinguishers (4 days ago)
- Data for Washtenaw county (4 days ago)
- Inventory process (5 days ago)
- Paper towels - Ypsi office concern (1 week ago)

# Bonus tip: add Tasks in Google Docs

Test doc  
Test doc  
Test doc

✓ Test doc ?

👤 Assignee

📅 Date

The assignee will receive an email and this task will appear in their personal task list

Assign as a task

 **ASSIGNED TASK**  
Test doc

👤 For Amanda J. Revels

📅 Tomorrow

👤 Assigned by you



MON 25 TUE 26

✓ Fwd: BC Security Quotes

✓ Post board packet to internal website

🕒 17 pending tasks

• Test doc

🕒 Wednesday, March 27

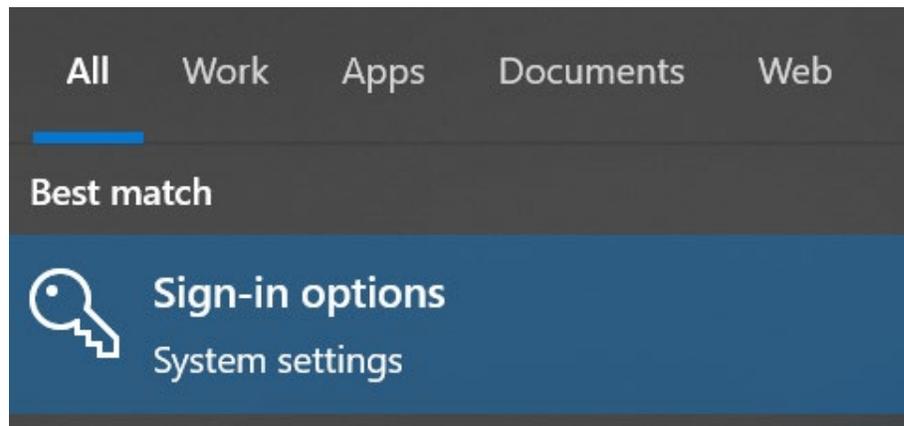
☰ Incoming Tasks

📄 **Untitled document**  
Others can see changes that you make to this task

Mark completed

# Microsoft Windows Hello

## Search for Sign-in options in Windows Search



## Sign-in options

Manage how you sign in to your device

Select a sign-in option to add, change, or remove it.

-  Windows Hello Face  
Sign in with your camera (Recommended)
-  Windows Hello Fingerprint  
This option is currently unavailable—click to learn more
-  Windows Hello PIN  
Sign in with a PIN (Recommended)
-  Security Key  
Sign in with a physical security key
-  Password  
Sign in with your account's password



**NEW  
VERSION**

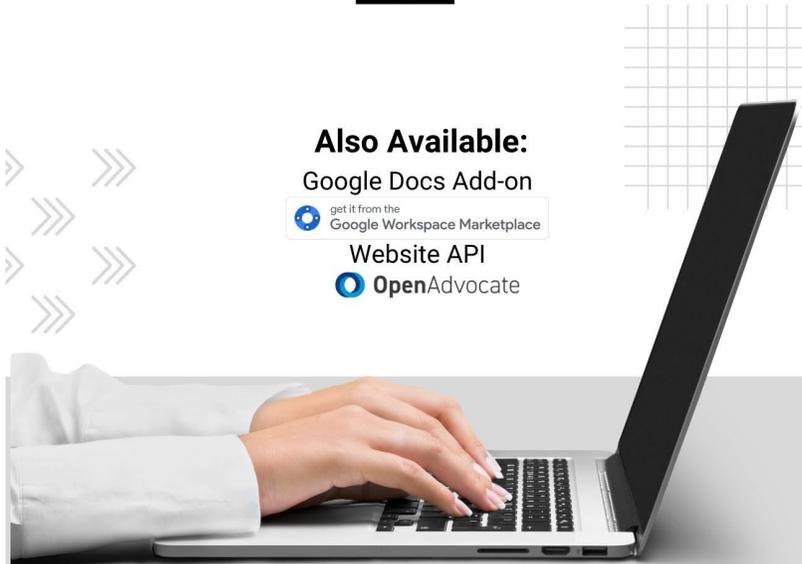
# WriteClearly

## Word Add-in

**Test** the reading grade level  
of your document **with a  
single click.**



**Also Available:**  
Google Docs Add-on  
get it from the  
Google Workspace Marketplace  
Website API  
 OpenAdvocate



# ReadClearly & WriteClearly

---

OpenAdvocate

Legal Services National  
Technology Assistance Project

LSC | America's Partner  
for Equal Justice  
LEGAL SERVICES CORPORATION



# Google AppSheet

## Create apps that adapt to how you work

Rapidly create powerful apps tailored to your business needs.

-  Create apps for Google Chat and publish them with one click
-  Capture rich data using forms, barcodes, locations, signatures, and photo format
-  Store your data in AppSheet's built-in database
-  Customize features, design, security, and branding
-  Embed critical apps and information in Google Docs with Smart Chips



Word: CTRL+SHIFT+V

Paste into Word  
without any  
formatting



# RIVERSIDE

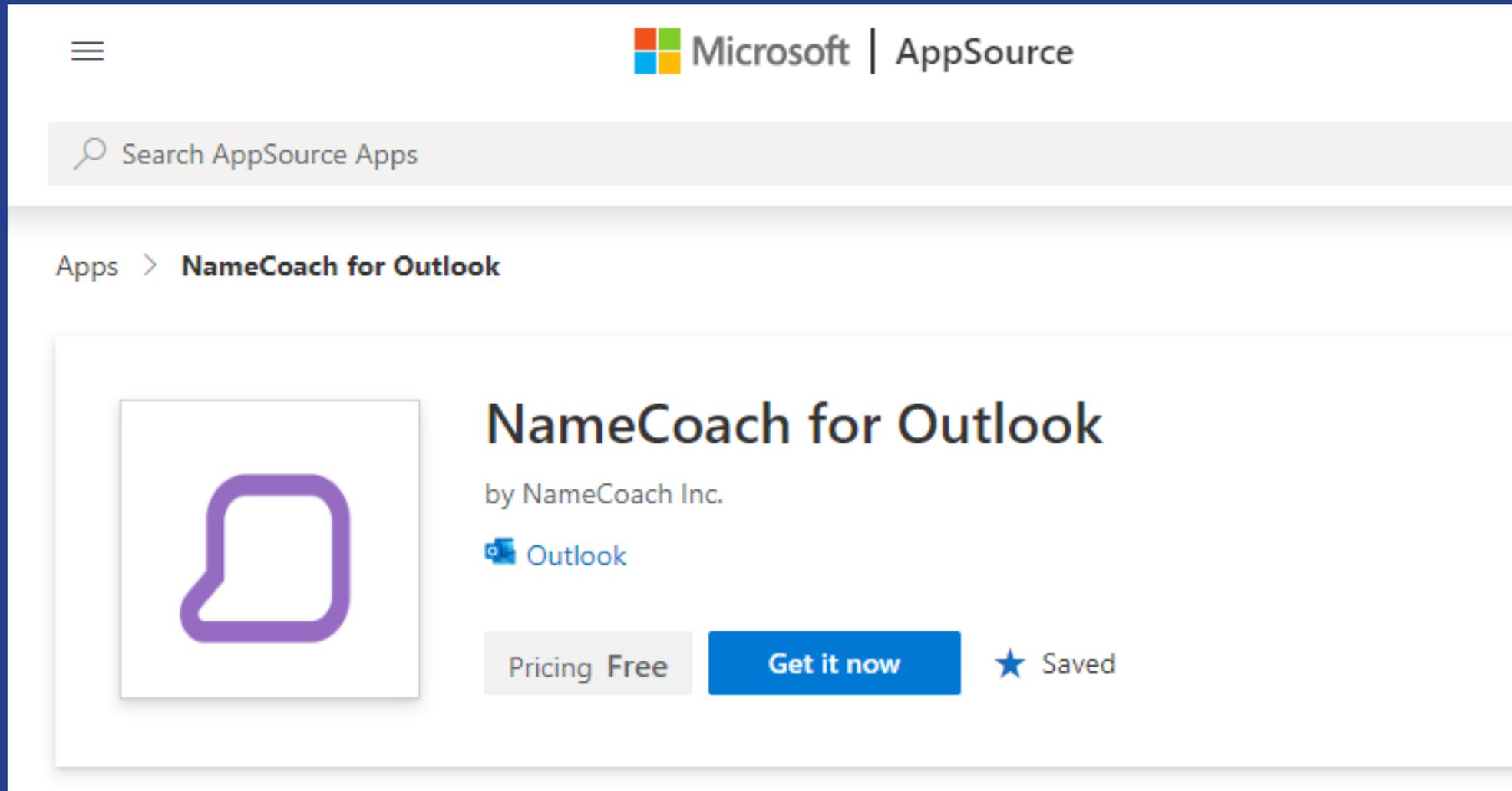


**Record, edit, share** in one place

The screenshot displays the Riverside software interface. At the top, the Riverside logo and the text "Record, edit, share in one place" are visible. The main area shows a video call with two participants: a man with a beard and glasses (Stephen) and a woman with long curly hair (Emma). To the left of the video call is a transcript window with the text: "Meet the new Riverside. The one place to record, edit, and share your conversations with the world. And the text-based audio and video editor helps you create um the perfect content in seconds." Below the transcript is a timecode "03:02" and a progress bar. To the right of the video call is a "Tracks" panel with two entries: "Emma" and "Stephen", each with a checkmark and a volume icon. Below the video call is an audio waveform with a play button and a "Split" icon. At the bottom right of the interface is a purple button labeled "LEARN MORE".

- RECORDING AUDIO / VIDEO
- LIVE STREAMING CAPABILITIES
- INTEGRATION
- TRANSCRIPTION
- SRT (SUBTITLE) GENERATOR

# Add Name Pronunciation to Email Signature



The screenshot shows the Microsoft AppSource interface. At the top, there is a Microsoft logo and the text "Microsoft | AppSource". Below this is a search bar with the placeholder text "Search AppSource Apps". The main content area shows the breadcrumb "Apps > NameCoach for Outlook". The app card for "NameCoach for Outlook" is displayed, featuring a purple speech bubble icon, the app name, the developer "NameCoach Inc.", and the Outlook logo. At the bottom of the card, there is a "Pricing Free" label, a blue "Get it now" button, and a "★ Saved" indicator.

Microsoft | AppSource

Search AppSource Apps

Apps > **NameCoach for Outlook**

 **NameCoach for Outlook**  
by NameCoach Inc.  
 Outlook

Pricing Free [Get it now](#) ★ Saved

# NameCoach Outlook Add-In

NameCoach

**Pronunciations**

Select a recipient

Select a recipient

Copy your audio link here

My **My Recording**

JR Jane Ribadeneyra

My name recording

Record Library Upload



Send

From ▾ ribadeneyraj@lsc.gov

To

Cc

Subject Tech Tip - NameCoach for Outlook

Jane Ribadeneyra  
Senior Program Officer for Technology  
Legal Services Corporation  
[ribadeneyraj@lsc.gov](mailto:ribadeneyraj@lsc.gov)  
Phone: 202-295-1554

Hear my name



# Cornell Feline Health Center's CatGPT



Model  
GPT-Meow (Just meows) ▾

## Cat-GPT



### Examples

- "Explain how cats use quantum mechanics in hunting"
- "Got any creative ideas for a cat's 10th birthday celebration?"
- "How do cats make HTTP requests using cat-script?"



### Capabilities

- Remember where user buried all the treats
- Allow user to act with good cat-tention to detail
- Trained to decline walks and bath requests



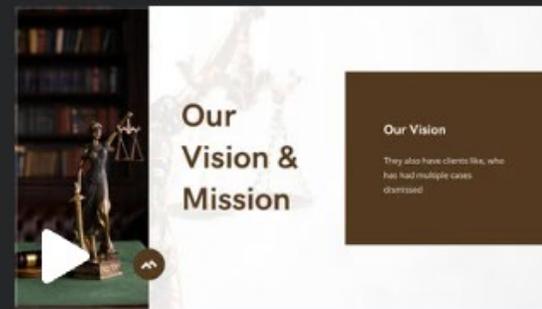
### Limitations

- May occasionally generate a toy mouse
- May occasionally produce furballs
- Limited Knowledge of world and cat videos after 2021



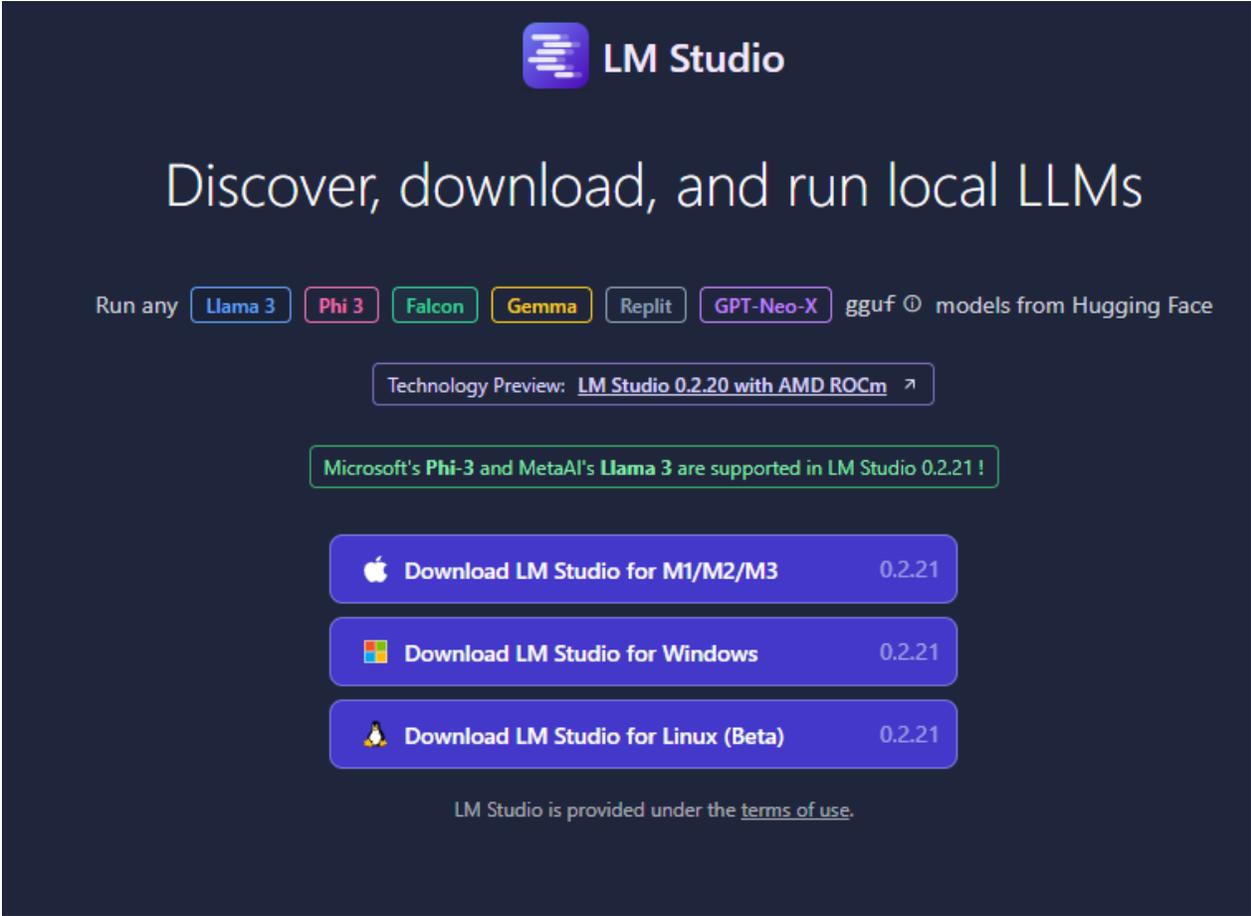
# CANVA FOR PRESENTATIONS

- CURATED LIBRARY OF MODERN TEMPLATES
- ROYALTY-FREE GRAPHICS
- DATA-DRIVEN CHARTS
- COLLABORATION
- LIVE PRESENTATION POLLING





# LM Studio (lmstudio.ai)



The screenshot shows the LM Studio website with a dark blue background. At the top center is the LM Studio logo, which consists of a purple square with white horizontal lines, followed by the text "LM Studio". Below the logo is the main heading "Discover, download, and run local LLMs". Underneath this heading is a row of model categories: "Run any" followed by buttons for "Llama 3", "Phi 3", "Falcon", "Gemma", "Replit", and "GPT-Neo-X", and then "gguf" with a circled 'i' icon, and "models from Hugging Face". Below this row is a "Technology Preview" section with a link to "LM Studio 0.2.20 with AMD ROCm". A green-bordered box contains the text "Microsoft's Phi-3 and MetaAI's Llama 3 are supported in LM Studio 0.2.21!". At the bottom, there are three download buttons: "Download LM Studio for M1/M2/M3" with an Apple logo icon, "Download LM Studio for Windows" with a Windows logo icon, and "Download LM Studio for Linux (Beta)" with a Linux penguin icon. Each button has the version number "0.2.21" on the right. At the very bottom, there is a small line of text: "LM Studio is provided under the [terms of use](#)."

LM Studio

## Discover, download, and run local LLMs

Run any [Llama 3](#) [Phi 3](#) [Falcon](#) [Gemma](#) [Replit](#) [GPT-Neo-X](#) gguf ⓘ models from Hugging Face

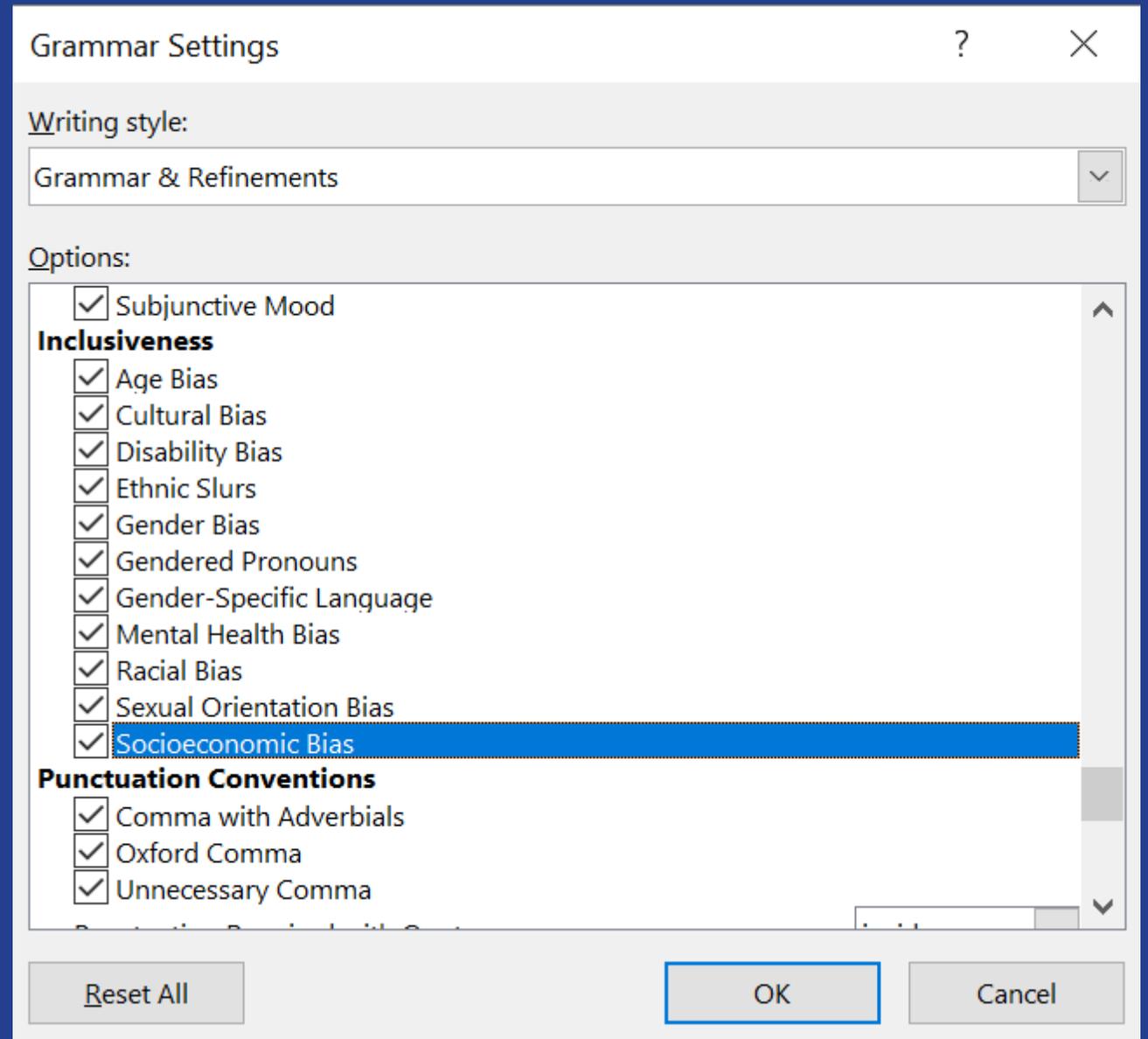
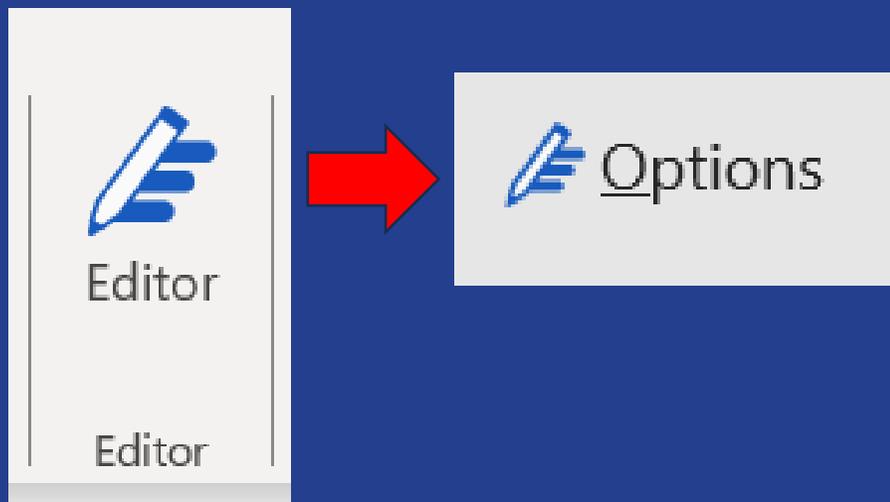
Technology Preview: [LM Studio 0.2.20 with AMD ROCm](#) ↗

Microsoft's [Phi-3](#) and MetaAI's [Llama 3](#) are supported in LM Studio 0.2.21!

-  [Download LM Studio for M1/M2/M3](#) 0.2.21
-  [Download LM Studio for Windows](#) 0.2.21
-  [Download LM Studio for Linux \(Beta\)](#) 0.2.21

LM Studio is provided under the [terms of use](#).

# MS Word: Check for Inclusiveness





# Email to Trello

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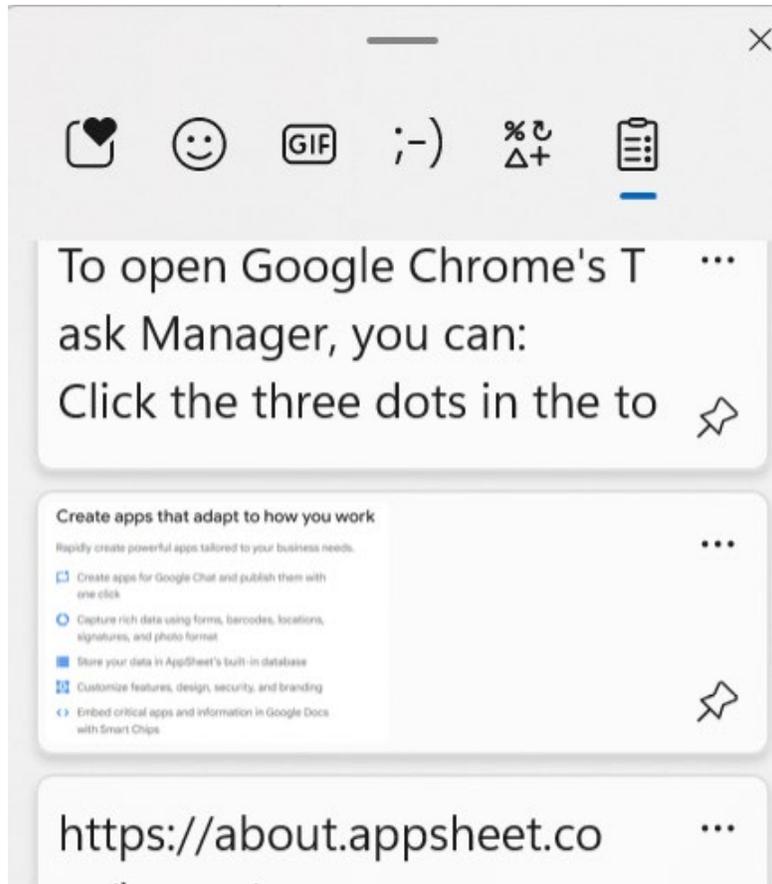
# Windows Clipboard History

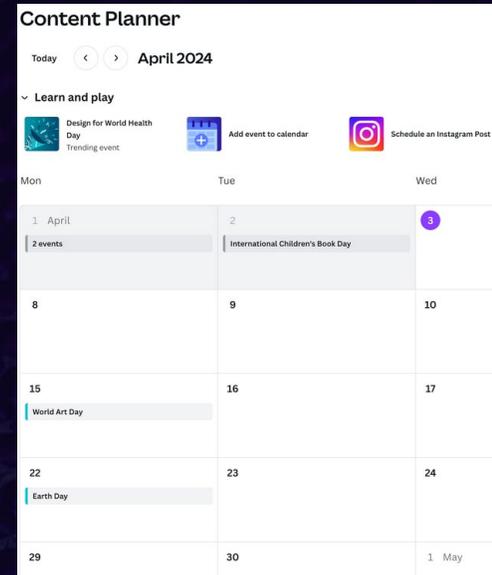
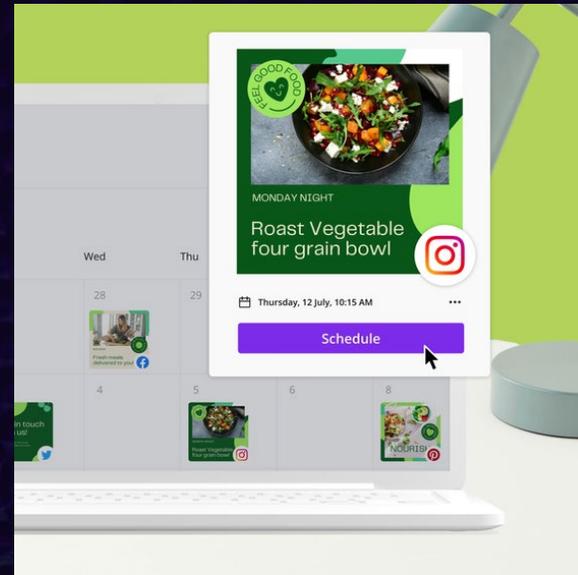
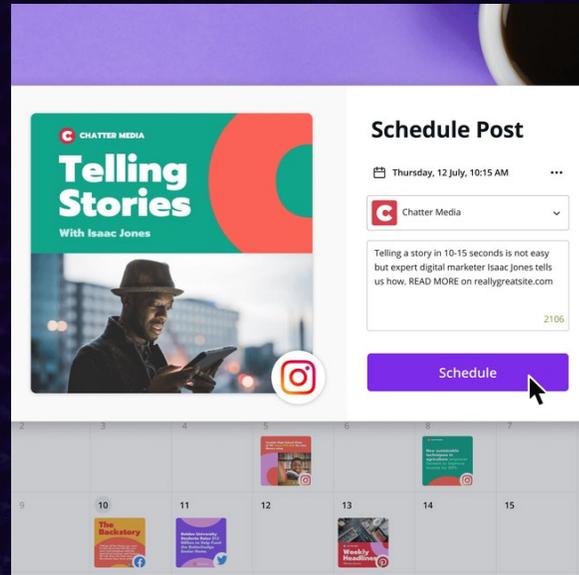
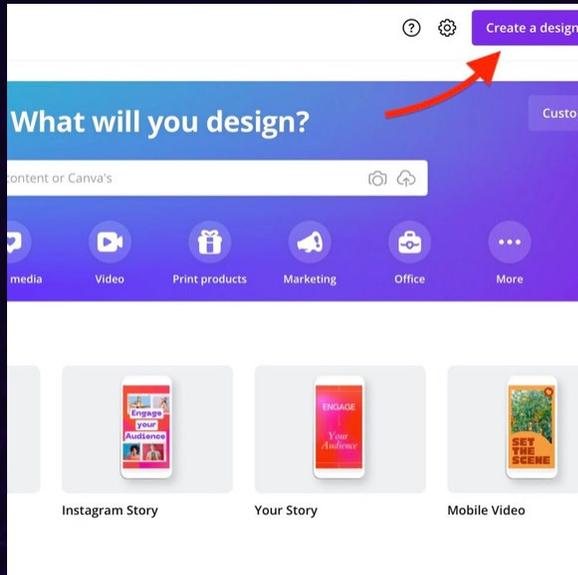
**What is It?** Enhanced clipboard functionality.

**How to Use?** Press Win+V to access clipboard history.

**Why Use It?** Store multiple copied items and paste them when needed.

**Get Started:** Windows 11 Clipboard History





# CANVA FOR SOCIAL MEDIA SCHEDULING

01

Cost-effective alternative to paid programs like Hootsuite

02

Streamlined social media management

BookLM EXPERIMENT

Try NotebookLM

# Do your best thinking

NotebookLM gives you a personalized AI, grounded in the information you trust.

NotebookLM is only available in the U.S. for users 18 and up.

Try NotebookLM

Google's Notebook LM ([video](#))

# Outlook Calendar Sharing

Outlook Options ?

General  
Mail  
**Calendar**  
Groups  
People  
Tasks  
Search  
Language  
Accessibility  
Advanced  
Customize Ribbon  
Quick Access Toolbar

**Calendar options**

Add online meeting to all meetings Meeting Providers...

Default duration for new appointments and meetings: 30 minutes ▾

Shorten appointments and meetings: None ▾

Less than one hour: 5 minutes ▾

One hour or longer: 10 minutes ▾

Default reminders: 15 minutes ▾

Allow attendees to propose new times for meetings

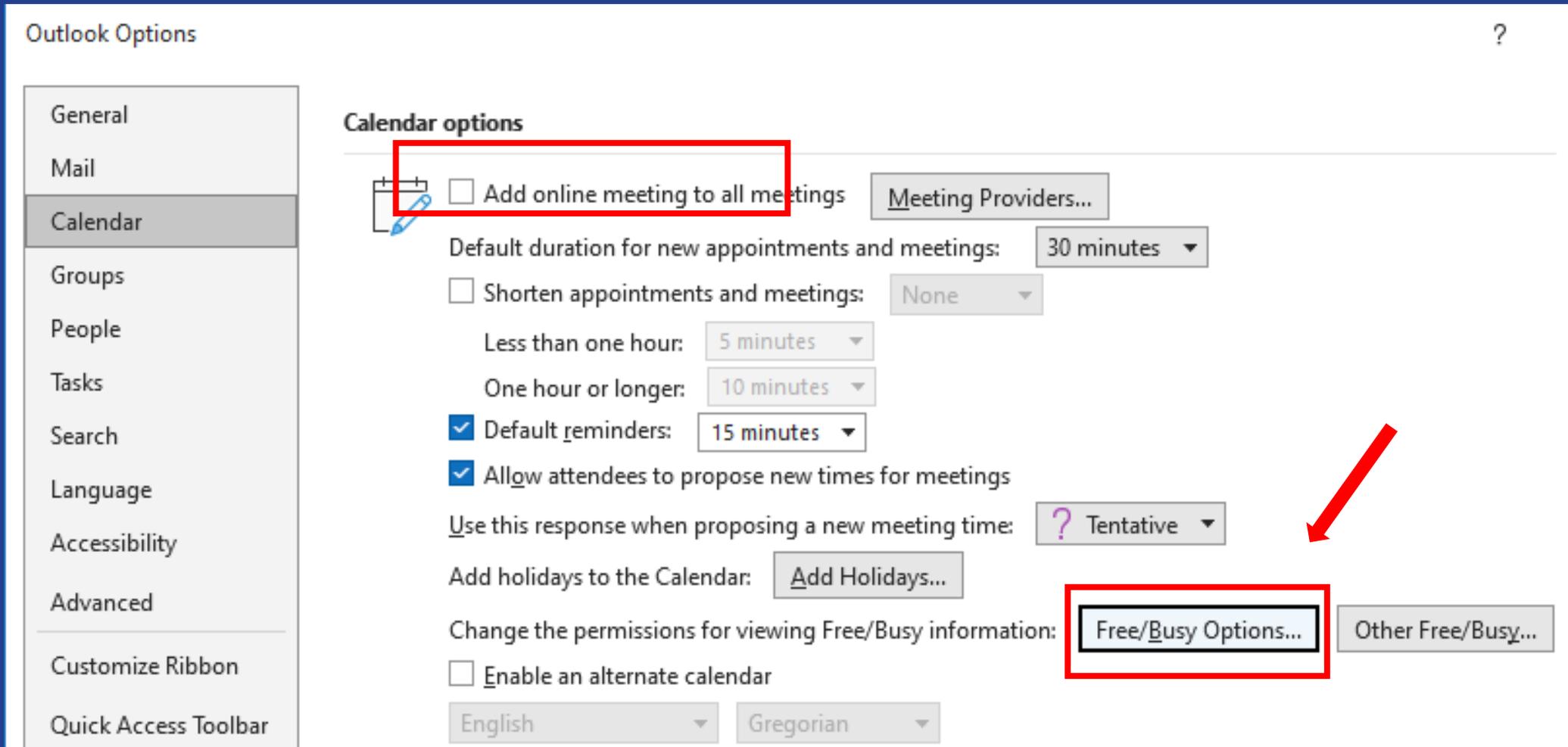
Use this response when proposing a new meeting time: ? Tentative ▾

Add holidays to the Calendar: Add Holidays...

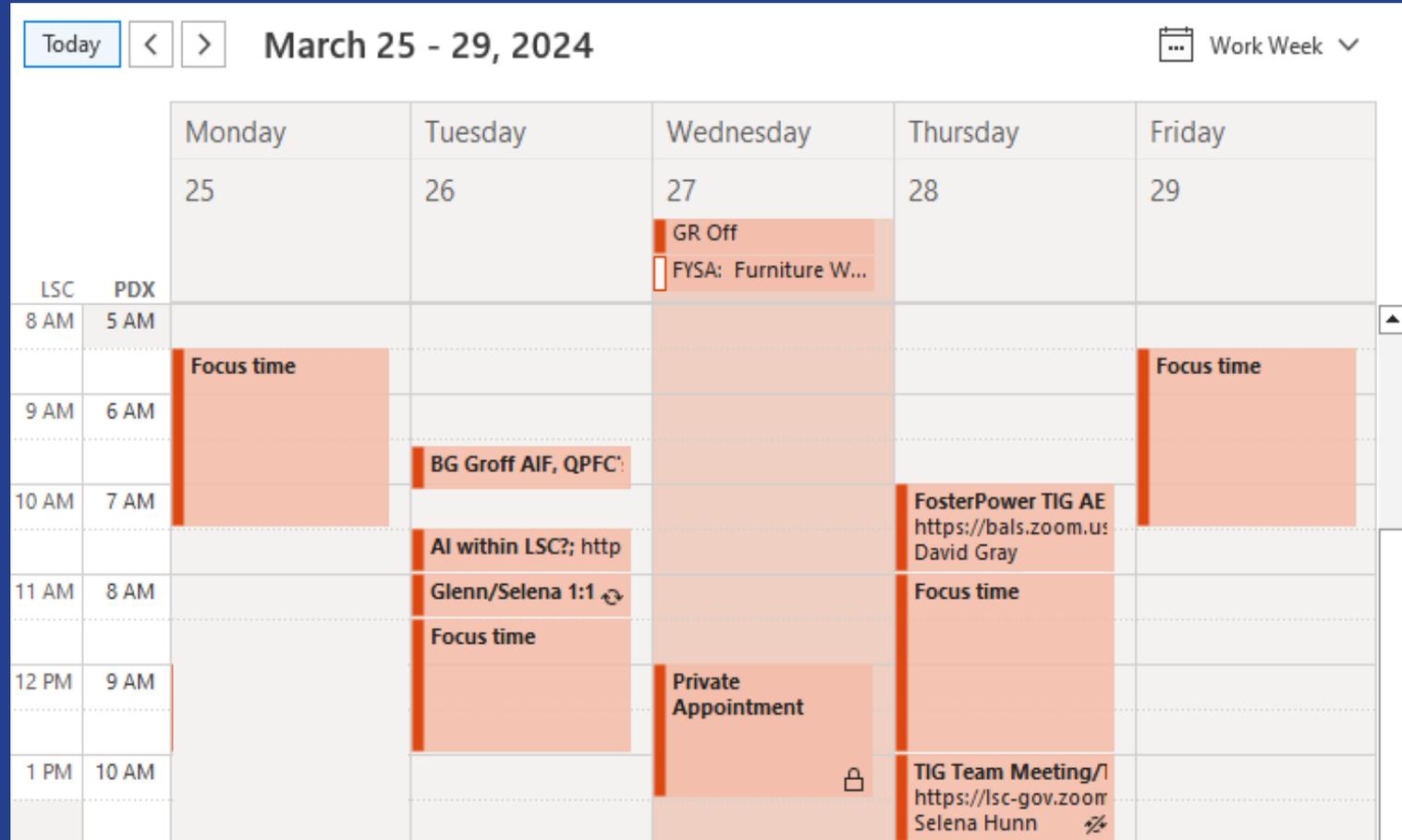
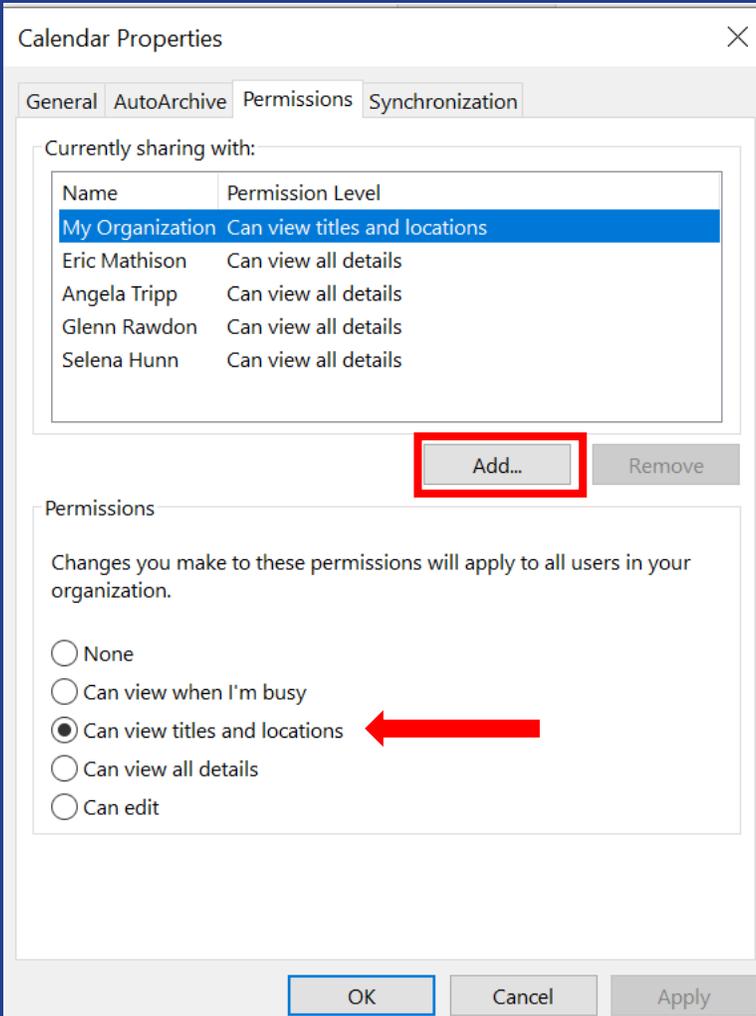
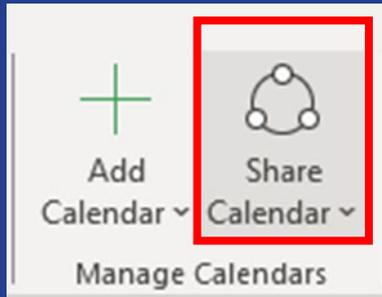
Change the permissions for viewing Free/Busy information: Free/Busy Options... Other Free/Busy...

Enable an alternate calendar

English ▾ Gregorian ▾



# Outlook Calendar Sharing





# Opt Out Prescreen



# Storage Sense in Windows



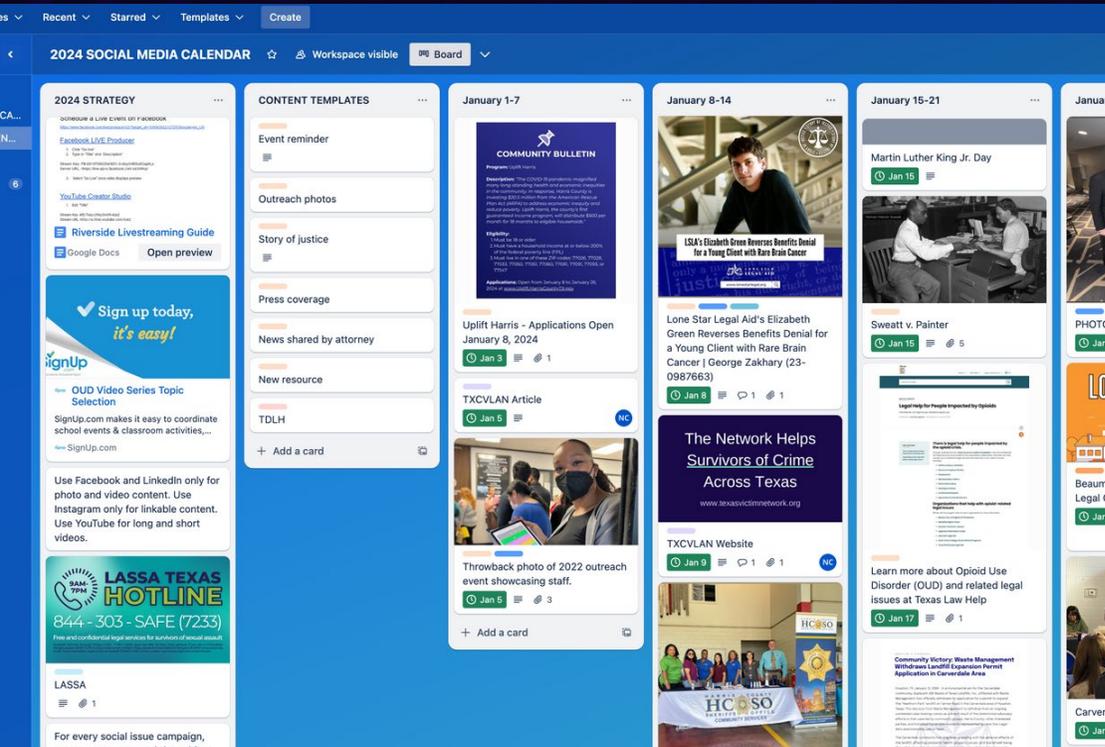
**What Does It Do?** Automatically frees up disk space by removing unnecessary files.



**Why Use It?** Keep your system optimized and organized.



**How to Access It:** Open Settings, select System, then Storage.



# DRAG AND DROP IN TRELLO

01

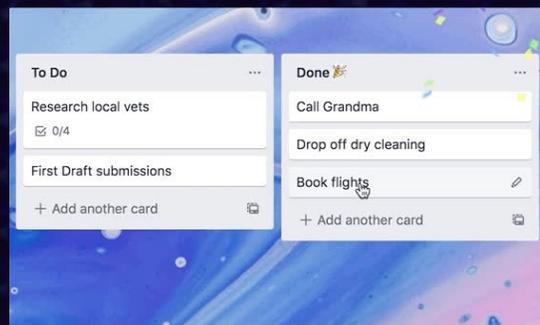
## Intuitive Drag-and-Drop Interface

02

## Flexible Board Customization

03

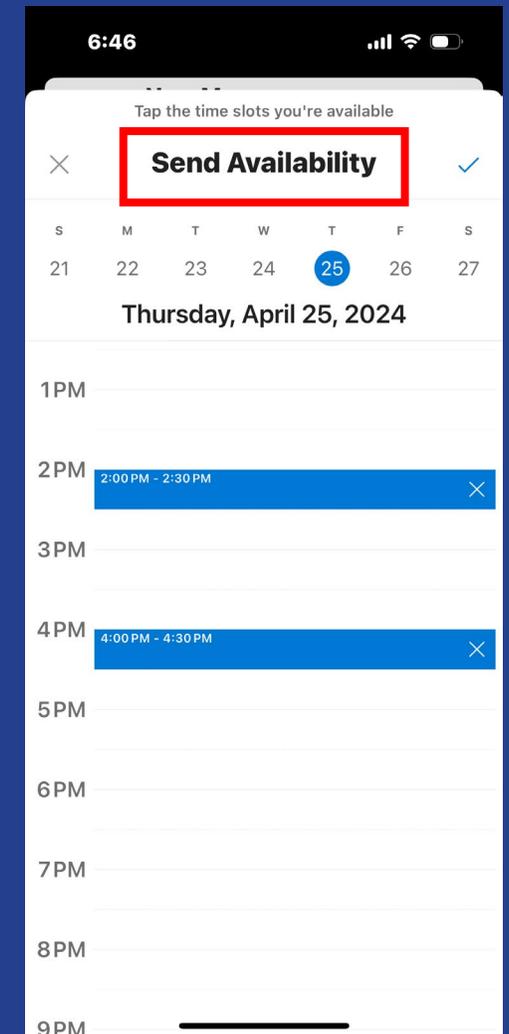
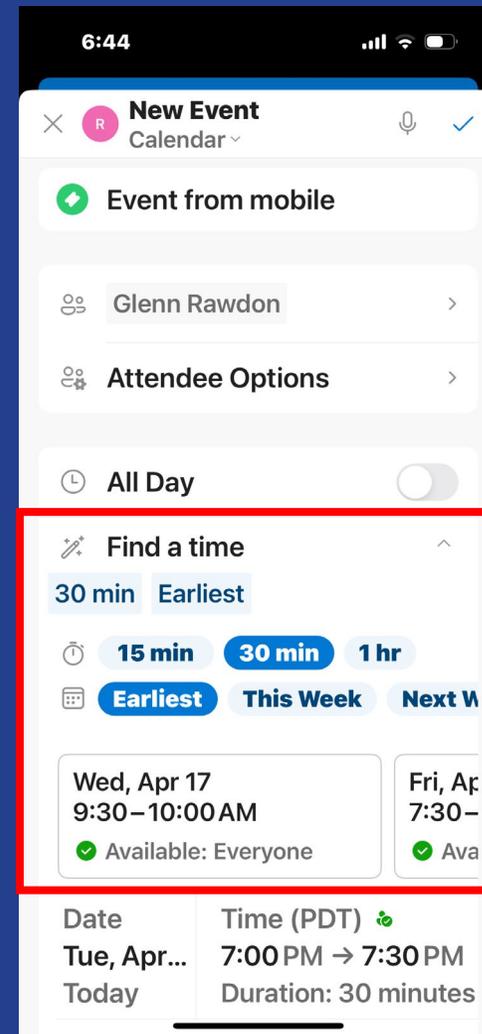
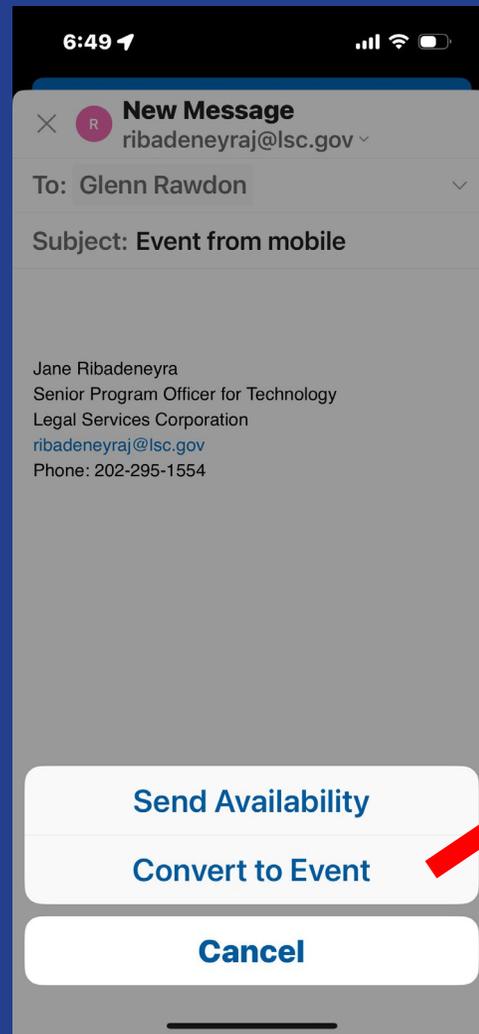
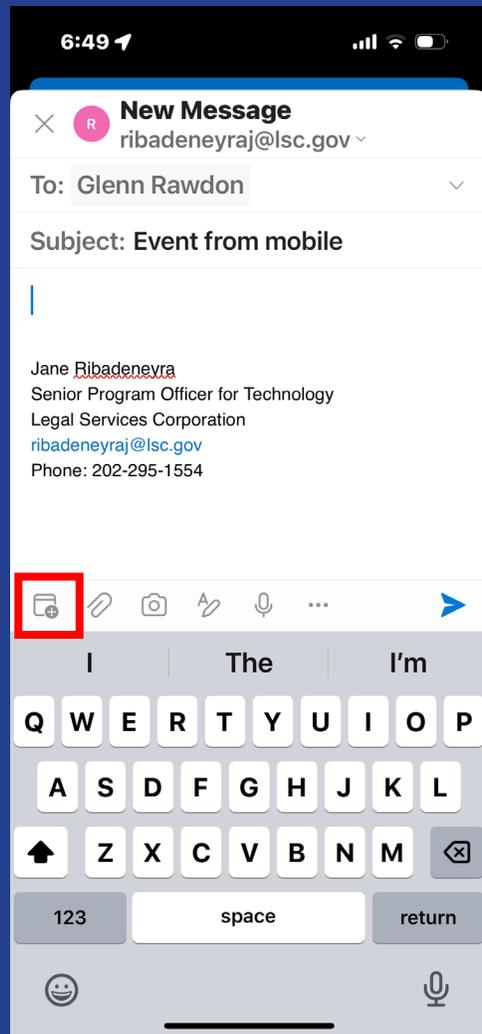
## Versatile Card Customization





Paint 3D – New and Improved version of Microsoft Paint!

# Send Meeting Request/Availability from Outlook's Mobile App



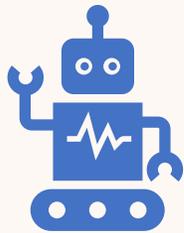


# Point & Speak on an iPhone

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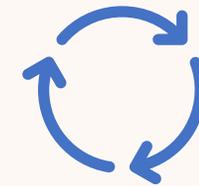
# The Evolution of Microsoft Copilot



**What is Microsoft Copilot?** AI-powered code assistance for developers.



**How Has It Evolved?** From Copilot to Copilot++.



**Try It:** Free version is available by clicking the Copilot Icon in the upper right-hand corner of MS Edge

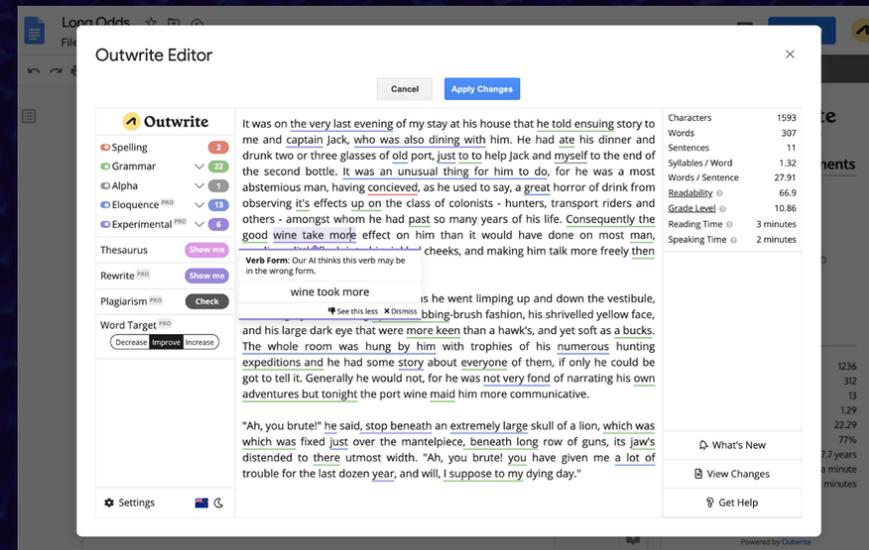
# OUTWRITE FOR GOOGLE DOCS & MORE

01

OutWrite provides essential editing features, including word count, grammar, and spelling checks.

02

OutWrite Pro provides advanced capabilities such as tone analysis and plagiarism detection.





# Le Chat – Mistral AI (mistral.ai)

## Le Chat

Our assistant is now in beta access, demonstrating what can be built with our technology.



<https://permissionslipcr.com>

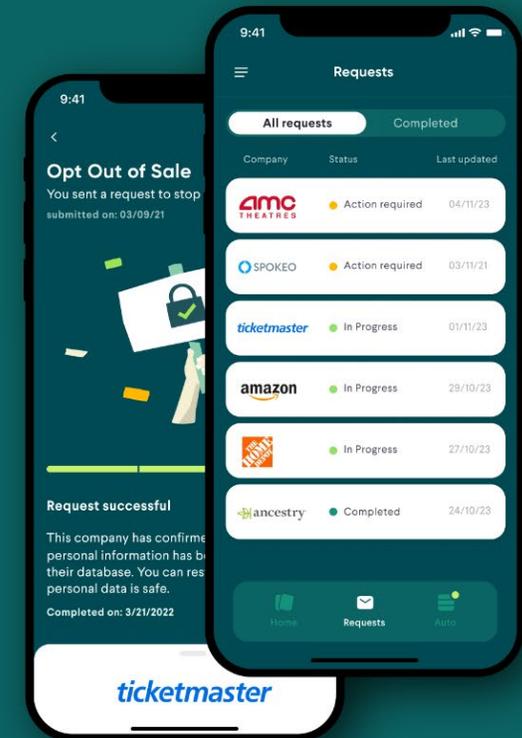
Permission  
Slip by  
Consumer  
Reports

**PERMISSION SLIP**

By Consumer Reports

One app to take  
back control of  
**your data**

Download the  
app for iOS or  
Android



# https://permissionslipcr.com

8:15  
App Store

## See what data companies collect



Search or browse for companies you have relationships with, and see what personal information they hold.

8:16  
App Store

**ticketmaster®**

Ticket seller and event management software

This company collects the following data:

Type of data

- Account Information**  
contact information
- Purchases**  
ticket history
- Social Life**  
contacts from referral program
- Financial**  
payment info
- Communication**  
public posts, customer service, connected social media
- Preferences**  
event interests

8:17  
Permission Slip

**ticketmaster®**

English

Welcome to the Ticketmaster Privacy Page

Welcome to our Do Not Sell or Share My Personal Information Request Portal.

You have the right to opt out of the sale or sharing of your personal information which will also opt you out of targeted advertising and profiling. To opt out of sales or sharing, please use the form below or call us at 855-663-0150.

For more information about how we handle your personal information, including how to exercise any other privacy rights, please review our [Privacy Policy](#).

\* Do you have a Ticketmaster Account?

portal.onetrust.com

8:19  
Permission Slip

**ticketmaster®**

## Thank You!

Thank you for submitting this request. At this time, your Do Not Sell My Personal Information request has been received and is being actioned.

portal.onetrust.com



# Google image reverse search



# Microsoft Edge's Collections Feature



**WHAT IS IT?** A TOOL TO ORGANIZE WEB CONTENT.



**HOW TO USE?** SAVE, CATEGORIZE, AND SHARE WEB SNIPPETS.

< Tech Tips

+ Add current page

Compare two versions of a PDF file in Adobe Acrobat

adobe.com

Microsoft Outlook on web gets smarter: AI features save time

zdnet.com

How to Use Chrome's Built-In Task Manager

howtogeek.com

Task	CPU	Network	GPU memory	Process
Browser	1.6	0	21,228K	Normal
GPU Process	1.6	0	151,897K	Normal
Utility Network Ser...	0.0	0		Normal
Utility Audio Service	0.0	0		Normal
Site Stack (1* edit...	0.0	0		OK Low
Tab Posts - How to...	0.0	0	19,937K	Low



The screenshot shows the Zotero website's 'Downloads' page. On the left, under 'Zotero 6 for Windows', there is a 'Download' button highlighted with a red box. Below it are links for 'Other platforms' (macOS, Linux 32-bit, Linux 64-bit) and 'Installation Help'. On the right, under 'Zotero Connector', there is an 'Install Chrome Connector' button highlighted with a red box. Below it is text explaining that connectors automatically sense content and allow saving to Zotero with a single click, along with a link for 'Zotero Connectors for other browsers'.

# ZOTERO

- EFFICIENT RESEARCH ORGANIZATION
- SEAMLESS CITATION MANAGEMENT
- COLLABORATIVE CAPABILITIES

The screenshot shows the Zotero desktop application interface. On the left is a sidebar with a tree view of the library, including folders like 'My Library', 'Book Reviews', 'Colonial Medicine', 'Dissertation', 'Science and Empire', 'Teaching', 'Mapping', 'Open Access', 'Text Mining', 'Visualization', 'My Publications', 'Duplicate Items', and 'Trash'. The main pane displays a list of items with columns for Title, Creator, and Year. The selected item is 'Circulation of Medicine in the Early Modern Atlantic World' by Cook and Walker, 2013. On the right, the 'Info' pane shows details for this item, including its title, author (Cook, Harold J. and Walker, Timothy D.), publication (Social History of Medicine, Volume 26, Issue 3, 2013/08/01), and DOI (10.1093/shm/hkt013).

# Keeping Up On AI – Two Options

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One Useful Thing – Ethan Mollick –  
oneusefulthing.org



## One Useful Thing

Trying to understand the implications of AI for work, education, and life. By Prof. Ethan Mollick

By Ethan Mollick · Over 147,000 subscribers

Subscribe

The Neuron – Daily Newsletter –  
theneutroneurondaily.com

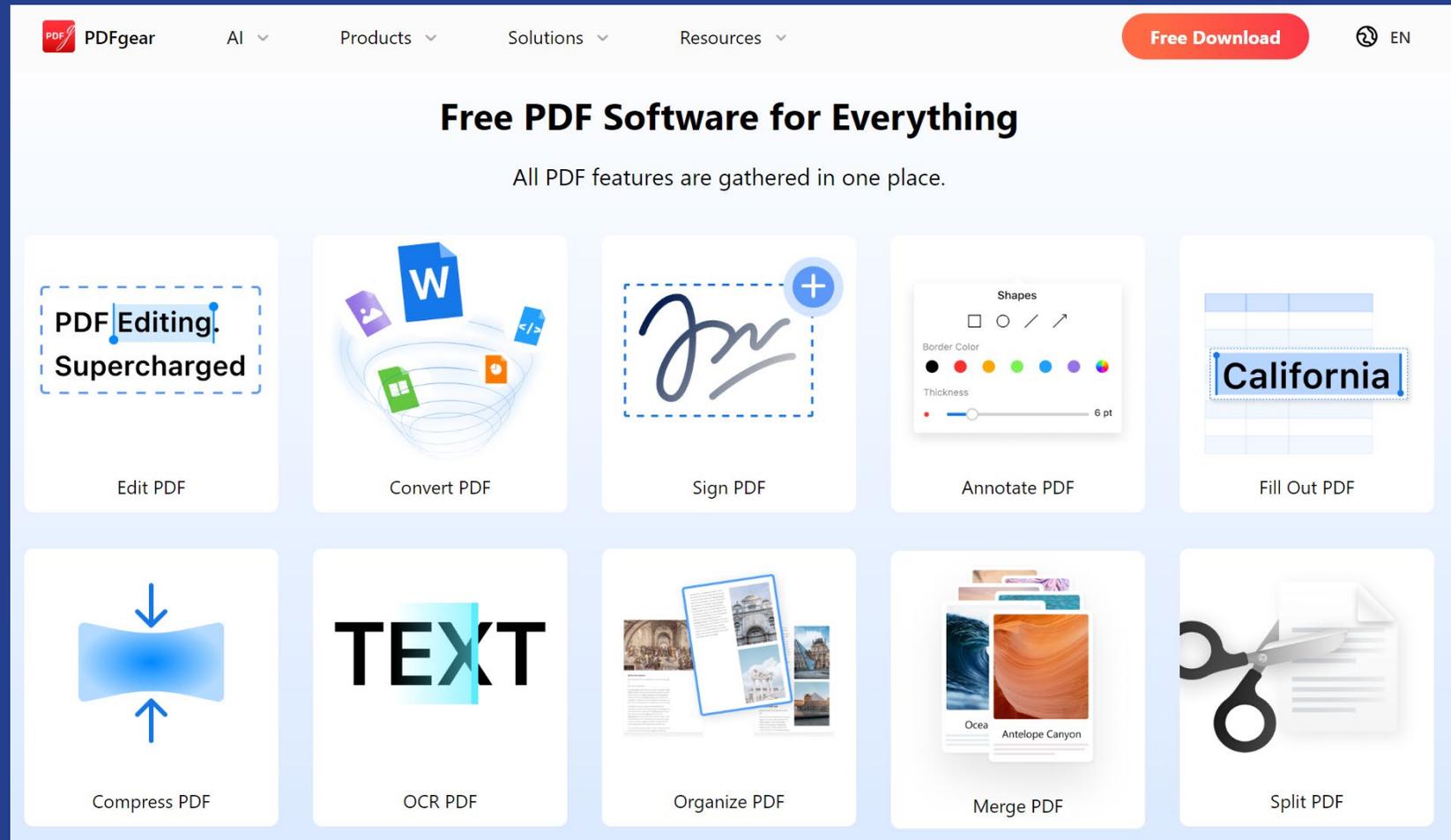


## The Neuron

Join 425,000+ professionals from top companies like Microsoft, Apple, & Tesla and get the AI trends and tools you need to know to stay ahead of the curve 📧

Subscribe

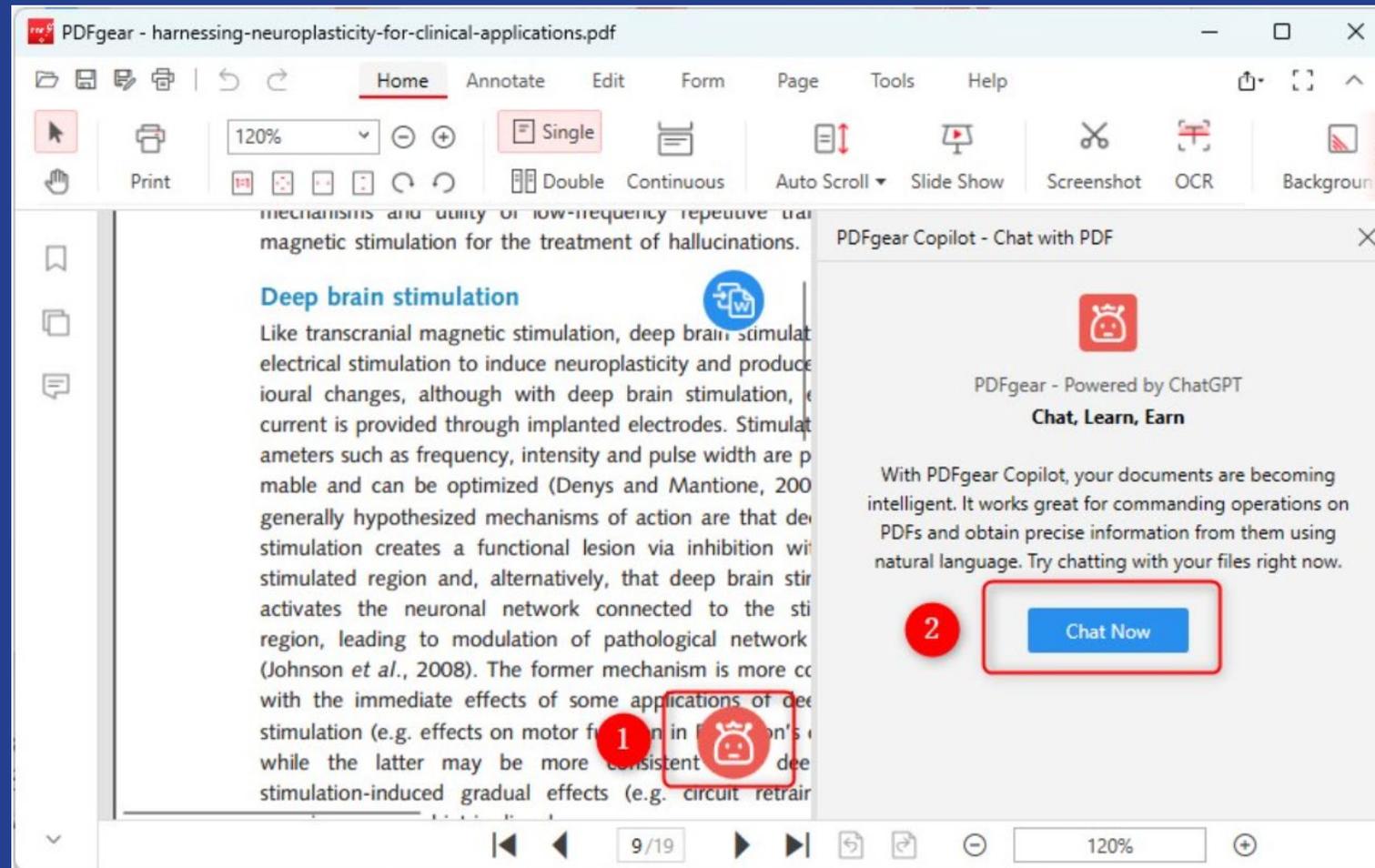
# PDFGear - Free PDF Software



The screenshot displays the PDFGear website interface. At the top, there is a navigation bar with the PDFGear logo, a language selector set to 'EN', and a 'Free Download' button. Below the navigation bar, the main heading reads 'Free PDF Software for Everything', followed by the tagline 'All PDF features are gathered in one place.' The central area features a grid of ten tool cards, each with an icon and a label: 'Edit PDF' (text editing), 'Convert PDF' (Word, PowerPoint, Excel icons), 'Sign PDF' (handwritten signature), 'Annotate PDF' (shapes and colors), 'Fill Out PDF' (form with 'California' text), 'Compress PDF' (blue arrows), 'OCR PDF' (text extraction), 'Organize PDF' (document thumbnails), 'Merge PDF' (document pages), and 'Split PDF' (scissors icon).

<https://www.pdfgear.com>

# PDFGear – AI Powered Chatbot & Copilot



<https://www.pdfgear.com>

# Create table of contents in PowerPoint

- On the View tab, select Outline view
- In the Thumbnails pane, right click and select Collapse All
- Select the slide titles and Copy
- On the View tab, revert to the Normal view
- In the text box of your Table of Contents slide, use Paste Special and select formatted or unformatted text.

339	Amazon Connect Contact Flow	20
340	Amazon Connect	20
341	How to Write Email with Military Precision	20
342	XP is dead, but what about Windows 7 and 8.1?	20
343	SD WAN	20
344	Microsoft Flow - <a href="https://us.flow.microsoft.com">https://us.flow.microsoft.com</a>	20
345	New wheelchair accessible public transit routes in C	20
346	Get rid of annoy sound on websites	20
347	Read Aloud Chrome Extension	20
348	<a href="https://cloud.google.com/text-to-speech/">https://cloud.google.com/text-to-speech/</a>	20
349	<a href="http://www.theformtool.com">www.theformtool.com</a>	20
350	Social Media Affinity Groups for Technologists	20
351	Legal Aid IT Toolkits	20
352	Four Legal Aid Tech Toolkits	20
353	<a href="https://chatfuel.com/">https://chatfuel.com/</a>	20
354	Google's new crowdsourced Q & A feature	20
355	Make Chrome more Secure	20
356	Windows 10 Decrapifier	20



# The ReadQuick App



**What is It?** A speed-reading tool.

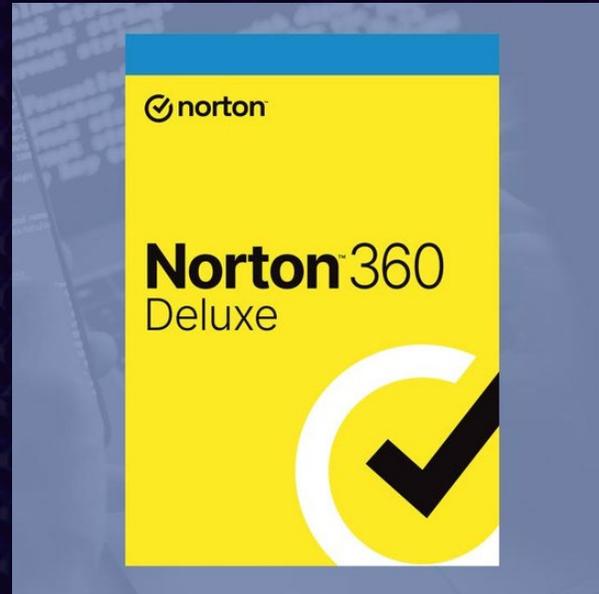


**Why Use It?** Improve reading efficiency by training your eyes.

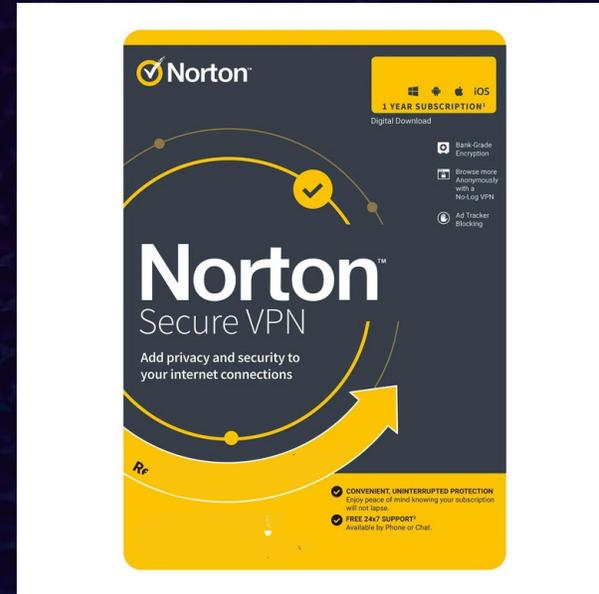


**Try It Out:** Discover the power of rapid reading.

# FREE SECURITY TOOLS AND BEST PRACTICES FOR SURVIVORS OF DOMESTIC VIOLENCE FROM NORTON



NORTON 360 DELUXE



NORTON SECURE VPN

You can request these offers for free on TechSoup and distribute them to domestic violence survivors at: <https://www.techsoup.org/norton-sdv>

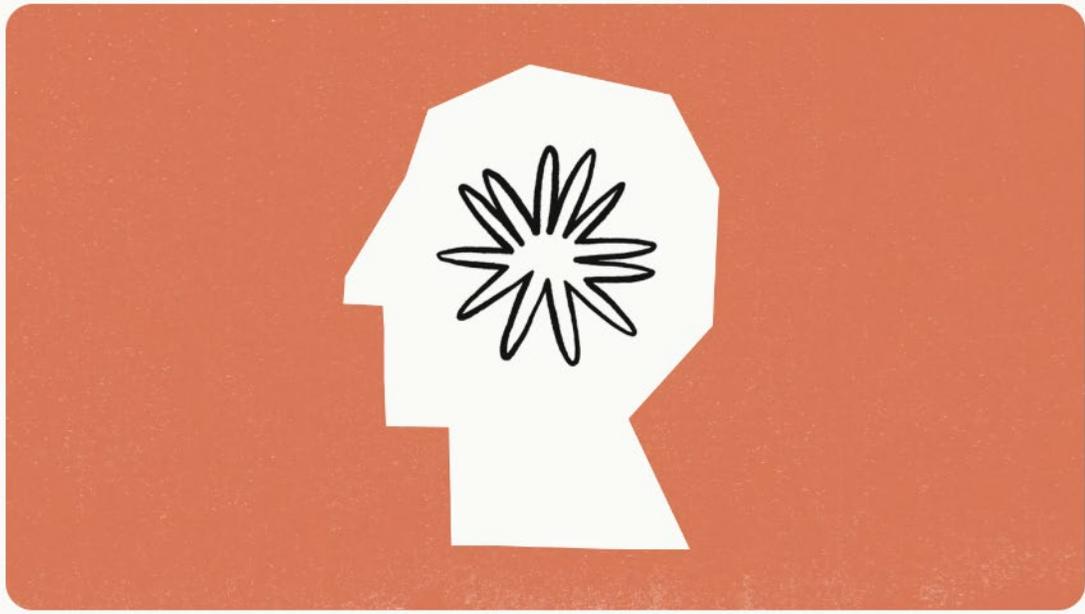


# Claude 3 – anthropic.com

## Introducing the next generation of Claude

Mar 4, 2024 • 7 min read

Try Claude 3



# TechSoup Digital Skills Center: AI Skill-Building Resources



WEBINAR

## **AI for Nonprofits: What You Need to Know**

Learn more about the latest generation of AI and how nonprofits can use it to their advantage.



WEBINAR

## **Ask the Experts: Focus on Ethics, Principles, and Governance of Generative AI**

Learn how to integrate AI into your organization's workflow safely and transparently.



WEBINAR

## **Ask the Experts: Focus on AI Prompt Engineering**

Learn how to develop AI prompts to get just the right results to create impactful email content.

# TechSoup Digital Skills Center: AI Skill-Building Resources



VIDEO

## How to Use the Forecast Feature in Excel

Learn how to use Excel's Forecast feature to calculate or predict a future value using existing values.



GUIDE

## Getting Started with Microsoft Copilot

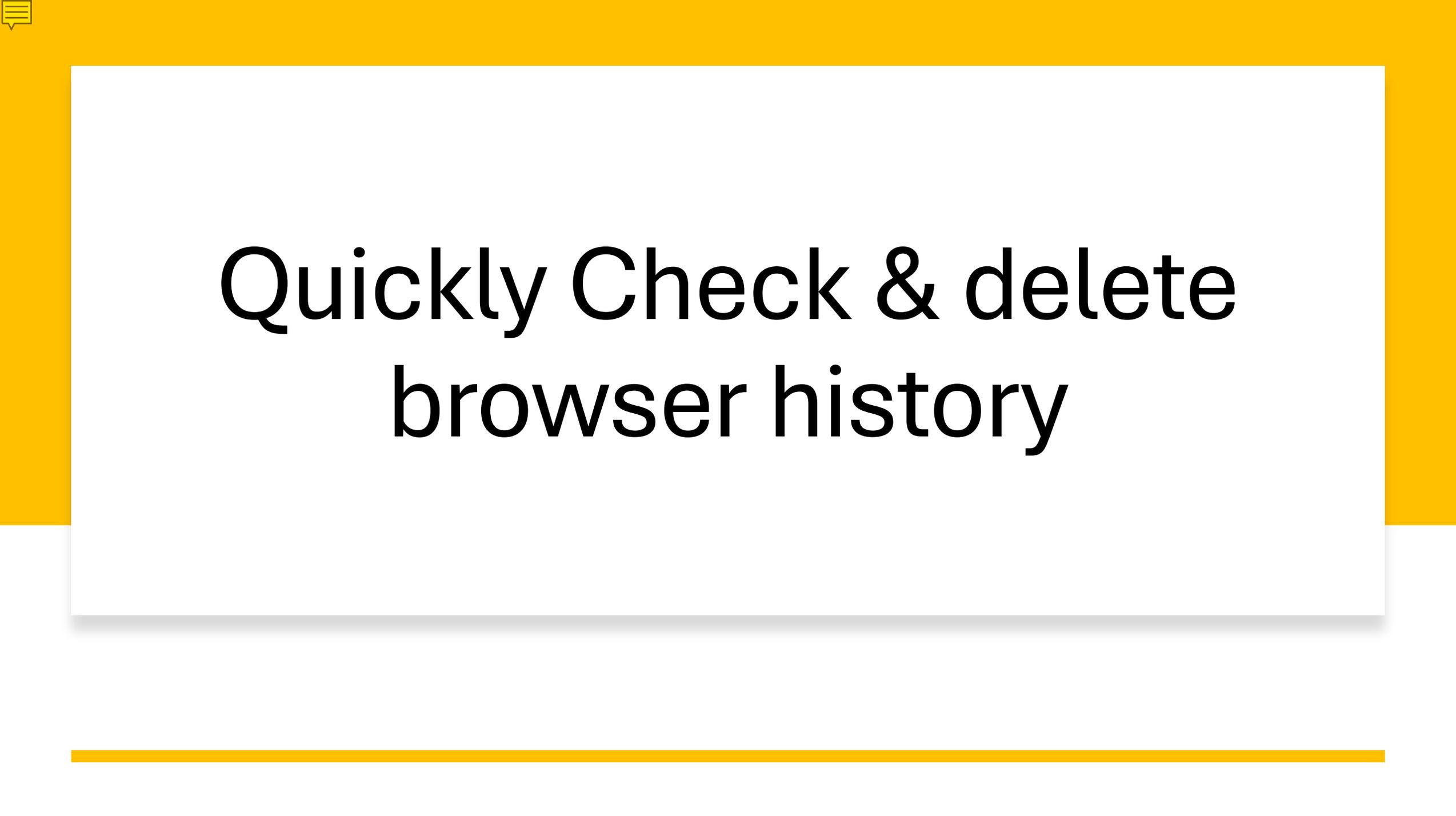
Learn how to use Copilot (formerly known as Bing Chat), Microsoft's conversational AI tool that provides comprehensive answers to natural-language queries.



GUIDE

## AI Usage Policy

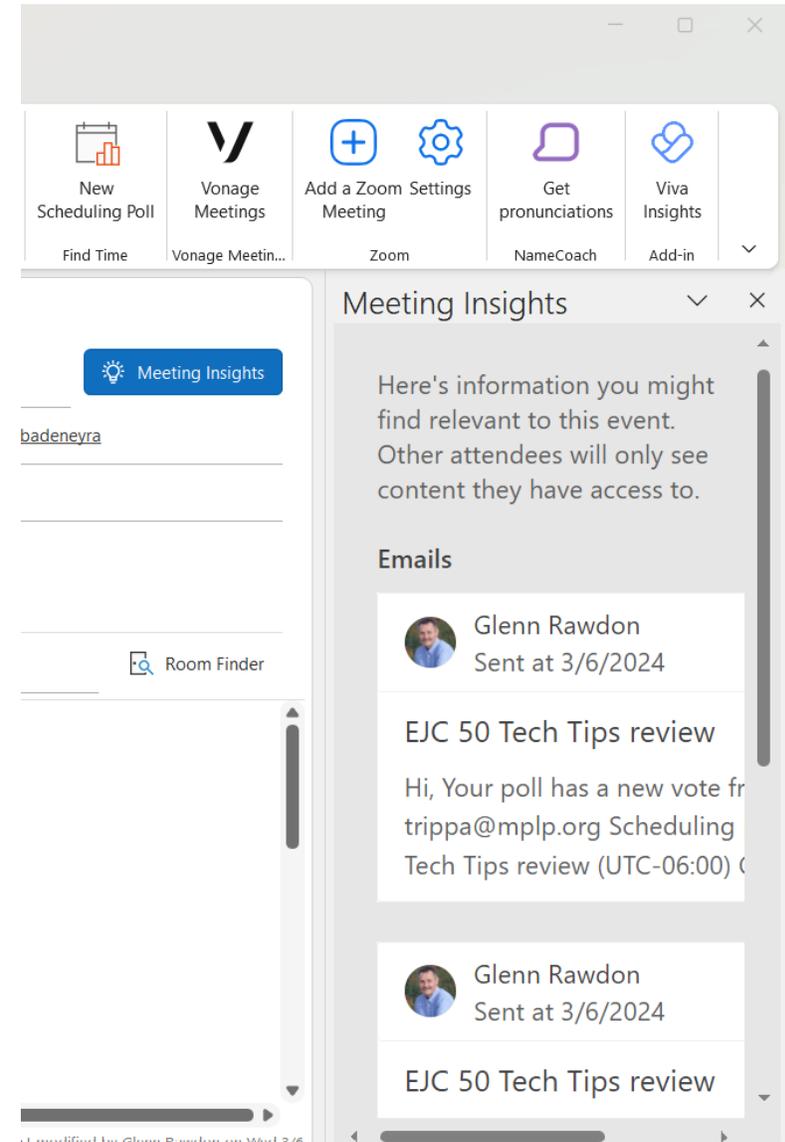
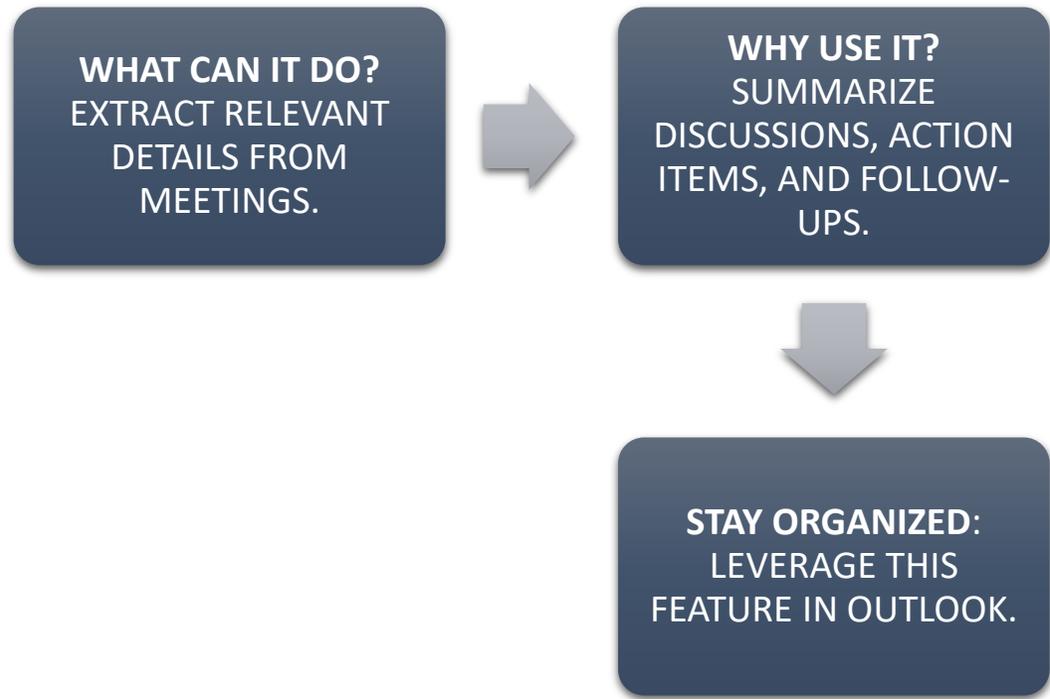
An AI Usage Policy is a document that outlines the rules and principles for using artificial intelligence (AI) technologies in an ethical and responsible way within an organization. It is also called an AI Acceptable Use Policy

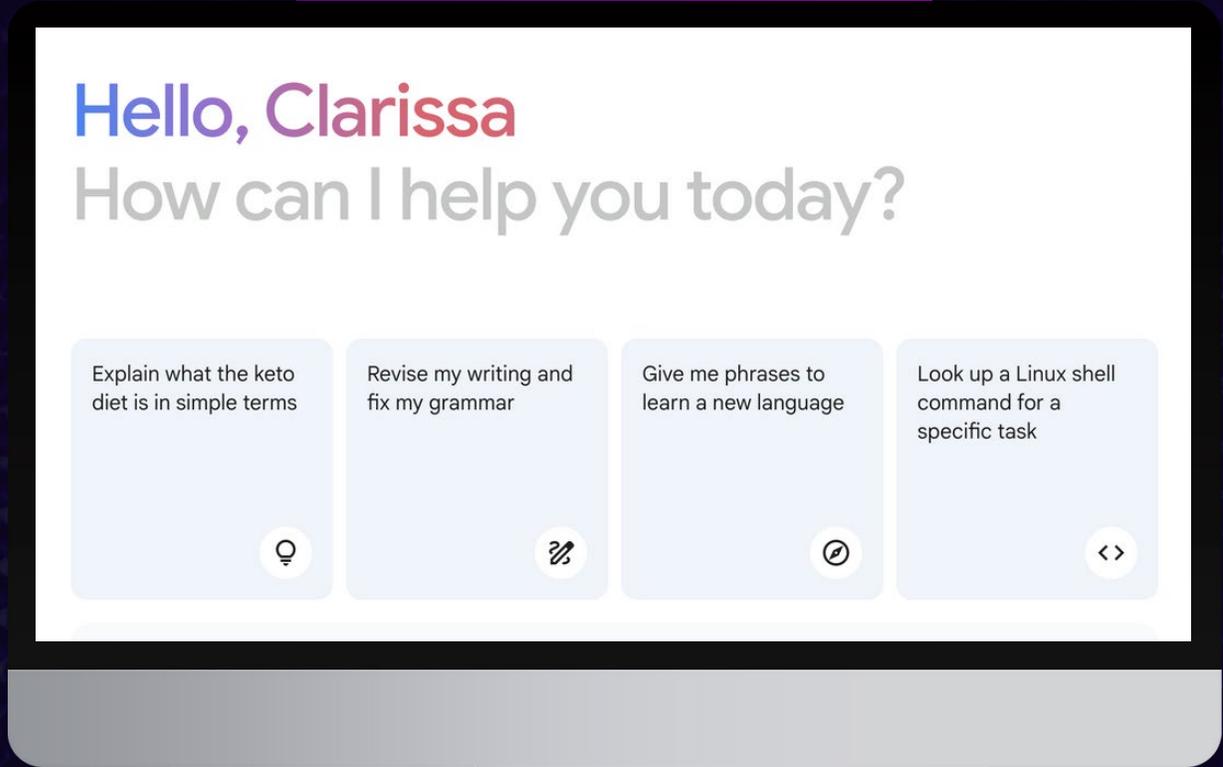


# Quickly Check & delete browser history

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# Meeting Insights in MS Outlook





# GOOGLE BARD IS NOW GEMINI

- GEMINI VARIATIONS
- GEMINI V. CHATGPT



Rescue Closed  
Browser Tabs



**CTRL + SHIFT + T**



# Microsoft Training for Nonprofits

## Intermediate

Build the skills necessary to fully utilize Microsoft 365 communication and collaboration tools.



Self-paced

### Microsoft Teams 201 for Nonprofits

Learn how to make the most of Teams and increase your knowledge of core features through nonprofit-focused user scenarios on the Microsoft Digital Skills Center.

[Take the Microsoft Teams 201 course >](#)



Self-paced

### Excel 201

This Microsoft Digital Skills Center course track covers advanced functions like pivot tables/charts and calculated fields.

[Take the Excel 201 course >](#)



Self-paced

### Collaborating with SharePoint

Discover the key features of SharePoint and how it works with Microsoft 365 in four different modules.

[Take the SharePoint training >](#)

# Use Google as a Stopwatch or Timer

On your desktop:

- On the Google homepage, type the following in the search bar:
  - Set a timer for “X” minutes/hours
- or
- Start a stopwatch

In a Google Doc:

- Type @ to open the Smart Canvas tools and select the Timer or Stopwatch “Smart Chip” (they also may appear at the top of a new doc)

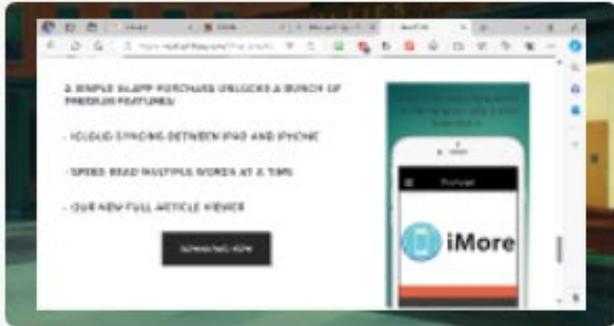
Meeting notes Email draft Calendar event draft More

## SMART CHIPS

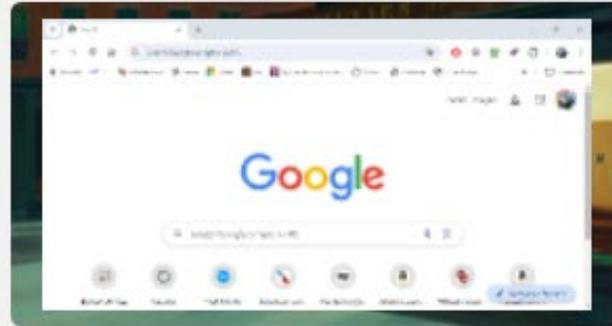
- Date
- Dropdown
- Stopwatch
- Timer
- Task
- Variable
- Voting chip
- Placeholder chip

The screenshot shows a Google search bar with the query "start a timer for 10 minutes". Below the search bar, there are tabs for "All", "Videos", "Images", "Shopping", "News", and "More". The search results show "About 662,000,000 results (0.58 seconds)". The main content area displays a "TIMER" smart chip with a large digital display showing "9m 54s". Below the display are "STOP" and "RESET" buttons. There is also a "Feedback" link at the bottom right.

## Work



## Personal



## New desktop

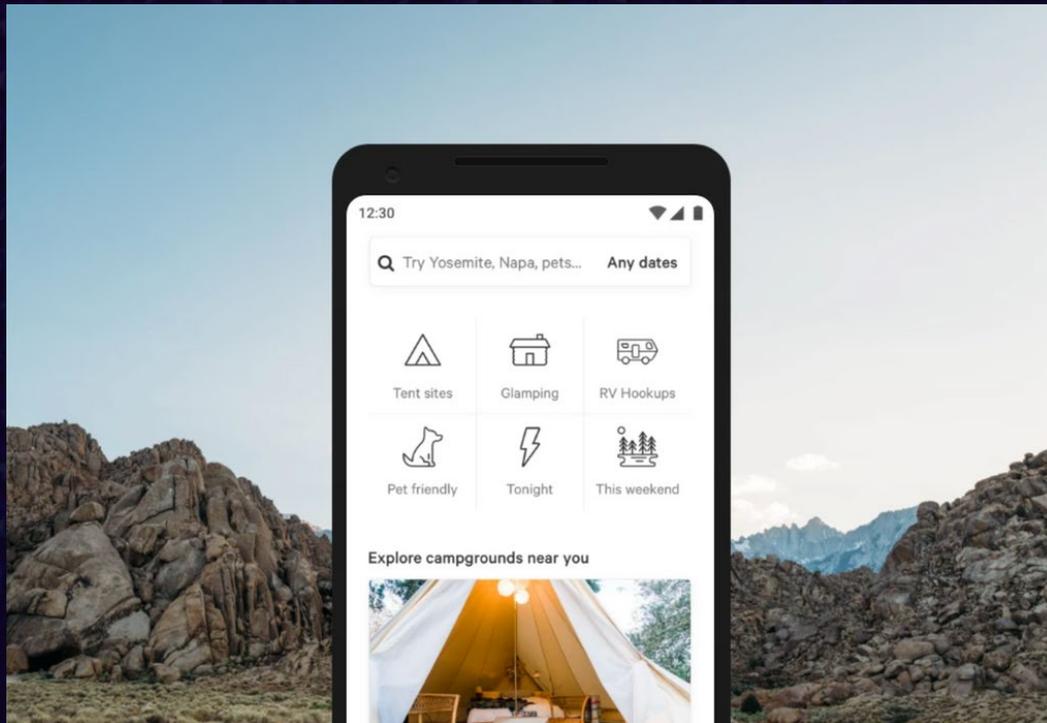


# Multiple Desktops in Windows 11

- **What Are They?** Separate workspaces for multitasking.
- **How to Create?** Use Win+Tab and add new desktops.
- **Why Use Them?** Keep tasks organized and reduce clutter.

# HIPCAMP

HIPCAMP CAN BE THOUGHT OF AS THE AIRBNB FOR CAMPING ENTHUSIASTS. IT'S AN ONLINE MARKETPLACE SPECIFICALLY FOCUSED ON OUTDOOR STAYS AND CAMPING EXPERIENCES.



# Ending iPad Screentime Fights\*

- Add the iPad and your iPhone to Family Sharing
- Create child account
- Set time limits, or schedule downtime
- Enables you to turn off the iPad using your phone

\*Tip only valid for Apple devices, may not work with all children/family members, smiling child not guaranteed



# Cooked - Your Smart Cookbook

Free

\$0

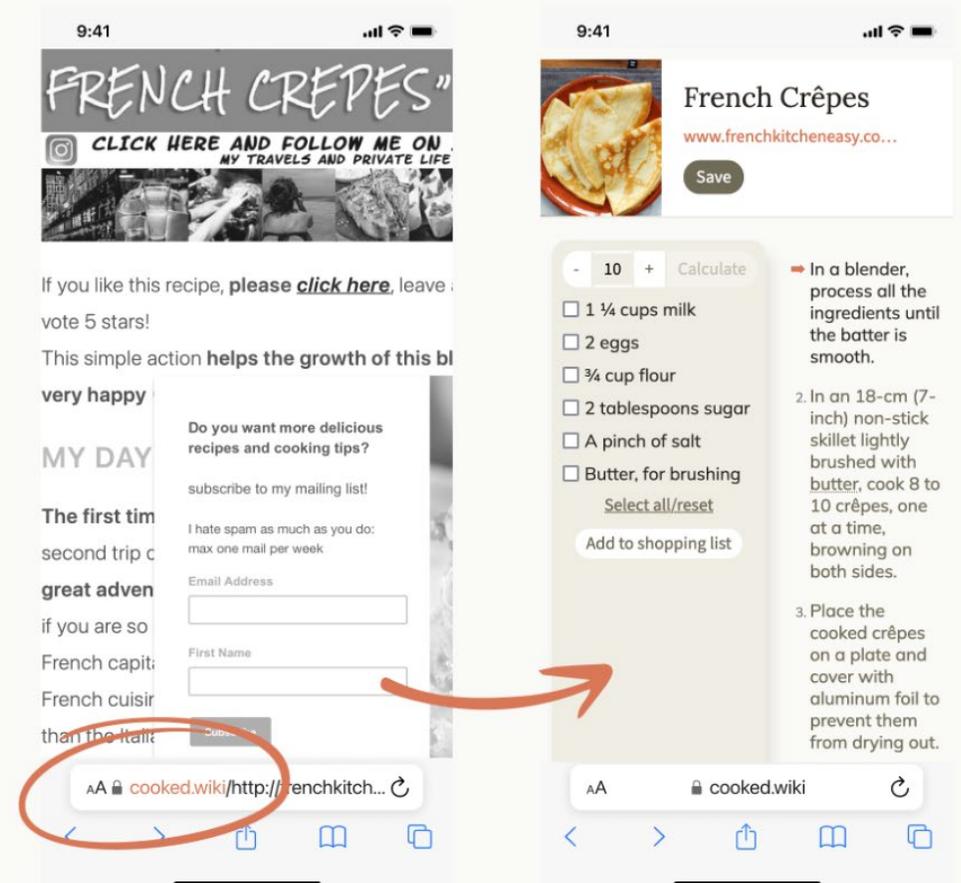
- Generate recipe from **any** website
  - **Unlimited** saved recipes
  - **Unlimited** journal and photos
  - **Unlimited** community access
  - Access your friends journal
- Convert any recipe to printable pdf
  - QR code on every recipe scan with your phone to open recipe
- Smart recipe recommendations for ingredients
- Adjust portions automatically on any recipe
  - Recipe dictation for hands free cooking limited to robotic voices
- Screen does not lock while reading recipe on supported devices
- Export all your recipes in one-click we do not gatekeep your data
- We do not collect personal data providing email is optional

Create free account

# Let's start!

It's free. No registration needed. Works everywhere.

1. Simply add "[cooked.wiki/](http://cooked.wiki/)" in front of the URL in your browser's address bar when you're browsing for a recipe.



2. Cooked will give you a beautiful summarized recipe which you add your notes and edit to your liking.
3. You can save your recipe, read recipes by other users, create your own journal with photos, and even see your friends creations 📷 and their take on your recipes!

# https://cooked.wiki/

once upon a chef  
WITH JENN SEGAL

ABOUT PRO TIPS MY RECIPE BOX RECIPES COOKBOOKS

Beef Bulgogi Onion-Braised Beef Brisket Beef and Broccoli Roast Beef Tenderloin with Red Wine Sauce Beef Tzimmes Lamb Stew with Vegetables

HOME > RECIPES > DINNER > BEEF, LAMB, VEAL & PORK

## Beef Stew with Carrots & Potatoes

By [Jenn Segal](#)

FEBRUARY 2, 2011 ★★★★★ 5,156 COMMENTS ADD A COMMENT

SAVE RECIPE

This post may contain affiliate links. Read my [full disclosure policy](#).

*This classic French beef stew is the ultimate cold weather comfort food. After a few hours in the oven, the meat becomes meltingly tender and enveloped in a rich wine sauce.*

TESTED AND PERFECTED RECIPES

WELCOME

I'm Jenn Segal - Classically Trained Chef, Cookbook Author & Busy Mom

Once upon a time, I went to culinary school and worked in fancy restaurants. Now, I'm cooking for my family and sharing all my tested & perfected recipes with you here! [Read more...](#)

once upon a chef WEEKNIGHT / WEEKEND



Cooked beta Home Profile Explore Account

Printable PDF

## Beef Stew With Carrots & Potatoes

<http://www.onceuponachef.com/recipes/beef-stew-with-...>

Save/Edit

Convert Assistant One column

Tip: click step to get into cook mode.

6 Calculate

- 3 pounds boneless beef chuck (well-marbled), cut into 1½-inch pieces
- 2 teaspoons salt
- 1 teaspoon freshly ground black pepper
- 3 tablespoons olive oil
- 2 medium yellow onions, cut into 1-inch chunks
- 7 cloves garlic, peeled and smashed
- 2 tablespoons balsamic vinegar
- 1½ tablespoons tomato paste

- Preheat the oven to 325°F and set a rack in the lower middle position.
- Pat the beef dry and season with the salt and pepper. In a large Dutch oven or heavy soup pot, heat 1 tablespoon of the olive oil over medium-high heat until hot and shimmering. Brown the meat in 3 batches, turning with tongs, for about 5 minutes per batch; add one tablespoon more oil for each batch. (To sear the meat properly, do not crowd the pan and let the meat develop a nice brown crust before turning with tongs.) Transfer the meat to a large plate and set aside.
- Add the onions, garlic and balsamic vinegar; cook, stirring with a wooden spoon and scraping the brown bits from bottom of the pan, for about 5 minutes. Add the tomato paste and cook for a minute more. Add the beef with its juices back to the pan and sprinkle with the flour. Stir with wooden spoon until the flour is dissolved, 1 to 2 minutes. Add the wine, beef broth, water, bay leaf, thyme, and sugar. Stir with a wooden spoon to loosen any brown bits from the bottom of the pan and bring to a boil. Cover the pot



# Wikipedia-print format

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# Fever Travel App



The background consists of a dense, overlapping pattern of colorful sticky notes in shades of blue, green, yellow, and pink. Each sticky note features a large, black, hand-drawn question mark. The notes are scattered across the entire frame, creating a vibrant and busy visual texture.

Thank You!

Questions and Discussion